

February 2012

*An asterisk means the event occurs away from the Rec Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9am- Senior Artists 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 1pm Knitting Club 12:15pm Mah Jongg 5pm- Single Ladies- Heimatland	2 8am Cards 9:30am Beginning L. D. 11am Strength Training 1pm Free Bingo	3 9am Prime Time Exercise 9:15am Senior Advisory Meeting 9:30am Dominoes 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 12:30pm Cards 12:30pm- Wii Bowling League	4
5	6 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 11:15am Intermed. Line Dance 12:15pm Mah Jongg 1pm "Price is Right"	7 8am Cards 10am Book Club 11am Strength Training 1pm Free Bingo 1pm Bowling League *	8 8am-Noon SW Blood Pressure 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 12:15pm Mah Jongg 1pm- Knitting Club 6pm- The Jam*	9 8am Cards 9:30am Beginning L. D. 11am Strength Training 1pm- AARP Group Meeting	10 9am Prime Time Exercise 9:30am Dominoes 10am Richard Simmons 10:30am Arthritis Aquatics 11am Nutrition 11am- ROMEOs 12:30pm Cards 12:30pm- Wii Bowling League	11
12	13 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 11:15am Intermed. Line Dance 12:15pm Mah Jongg 1pm- Bakers Club	14 8am Cards 11am Strength Training 1pm Free Bingo 1pm Bowling League*	15 9am- Senior Artists 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 11am Fishing Club 12:15pm Mah Jongg 1pm- Knitting Club 430p- Couples Dinner- China King 6pm- The Jam* Windsor Casino \$22 7:30am	16 8am Cards 9:30am Beginning L. D. 11am Strength Training 1pm- Free Movie Matinee	17 9am Prime Time Exercise 9:30am Dominoes 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 12:30pm Cards 12:30pm- Wii Bowling League	18
19	20 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 11:15am Intermed. Line Dance 12:15pm Mah Jongg 12:30 Giving Dolls	21 8am Cards 10am Book Club 11am Strength Training 1pm Free Bingo 1pm Bowling League* 1pm- 4pm Ask An Attorney- Please RSVP at the front desk of the Rec Center for your time.	22 8am-Noon SW Blood Pressure 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition-Crock Pot Cookery 12:15pm Mah Jongg 1pm Knitting Club 6pm- The Jam*	23 8am Cards 9:30am Beginning L. D. 11am Strength Training 11am-Senior Educational Series 1pm Free Bingo 1pm-4pm Ask A Financial Advisor- Please RSVP at the front desk of the Rec Center for your Time	24 9am Prime Time Exercise 9:30am Dominoes 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 12:30pm Cards 12:30pm Wii Bowling League	25
26	27 9am Prime Time Exercise 10am Richard Simmons 10:30am Arthritis Aquatics 11:15am Intermed. Line Dance 12:15pm Mah Jongg 1pm- Serendipity Bible Study	28 8am Cards 11am Strength Training 1pm Free Bingo 1pm Bowling League*	29 10am Richard Simmons 10:30am Arthritis Aquatics 1130am Nutrition 12:15pm Mah Jongg 1pm- Knitting Club 6pm- The Jam*			

